[Course Name]

Bow Valley College School of Creative Technologies

Learning Contract

Student Name:

Instructor:

What are your current skills in this subject matter:

Set S.M.A.R.T. goals for yourself in this course:

**S**pecific (Give a detailed description.)

**M**easurable (How will you know you've achieved it?)

**A**chievable (Is your objective reasonable?)

**R**esults-oriented (Phrase with the end result in mind.)

**T**ime-phased (Include a deadline.)

S -

M -

A -

R -

T -

What are some strategies you will use to be successful in these goals?

How much time do you feel is going to be required for your success in this course and with these goals (In-class and outside of class)?